

Introduction to Genome Wide Association Studies

Genome wide association studies

- Goal: find connections between:
 - A phenotype: height, type-I diabetes, etc., known to be heritable
 - Whole-genome genotype
- Specific goals are distinct:
 1. Identify statistical connections between points (or areas) in the genome and the phenotype
 - Drive hypotheses for biological studies of specific genes/regions in specific context
 2. Generate insights on genetic architecture of phenotype
 - Many small genetic effects dispersed across the genome?
 - Few large effects concentrated in one area (MHC?)
 3. Build statistical models to predict phenotype from genotype
 - “Show me your genome and I will tell you what diseases you will get”

Methodology

- Collect n subjects with known phenotype (usually n in range 10^3 - 10^4)
- Measure each one in m genomic locations (“representing common variation in the whole genome”)
 - Usually SNPs: Single Nucleotide Polymorphisms
 - Typically m in range 10^5 - 10^6
 - Recently moving to whole genome sequencing ($m = 3 \cdot 10^9$ but realistically same information)
- Now we can think of our data as $X_{n \times m}$ matrix with subjects as rows, SNPs as columns,
 - X_{ij} is in $\{0,1,2\}$ (genotype at single locus)
 - Also given extra vector Y_n of phenotypes
- Our first task: association testing
 - Find SNPs (columns in X) that are statistically associated with Y
 - Can be thought of as m separate statistical tests run on this matrix

Can you find the associated SNP?

Cases:

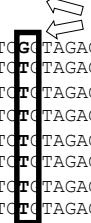
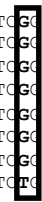
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AGAGCAGTCGACAGGTATAGCCTACATGAGATCGACATGAGATCGGTAGAGCCGTGAGATCGACATGATAGCC
AGAGCCGTCGACATGTATAGTCTACATGAGATCGACATGAGATCGGTAGAGCCGTGAGATCGACATGATAGTC
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AGAGCCGTGACATGTATAGCCTACATGAGATCGACATGAGATCGGTAGAGCCGTGAGATCAACATGATAGTC
AGAGCAGTCGACAGGTATAGCCTACATGAGATCGACATGAGATCGGTAGAGCCGTGAGATCGACATGATAGCC
    
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Controls:

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AGAGCAGTCGACATGTATAGTCTACATGAGATCGACATGAGATCGGTAGAGCCGTGAGATCAACATGATAGCC
AGAGCAGTCGACATGTATAGTCTACATGAGATCAACATGAGATCGGTAGAGCCGTGAGATCGACATGATAGCC
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AGAGCCGTGACAGGTATAGCCTACATGAGATCGACATGAGATCGGTAGAGCCGTGAGATCGACATGATAGCC
AGAGCCGTGACAGGTATAGTCTACATGAGATCAACATGAGATCGGTAGAGCCGTGAGATCGACATGATAGTC
    
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Associated SNP

Disease association analysis of a single SNP

	Genotype 0	Genotype 1	Genotype 2	Total
Y=0 (healthy)	N_{00}	N_{01}	N_{02}	N_0
Y=1 (sick)	N_{10}	N_{11}	N_{12}	N_1
Total	M_0	M_1	M_2	n

Now our problem is one of testing:

H_0 : No connection between disease and SNP \Leftrightarrow the rows and columns of the table are independent

Obvious approach: χ^2 test for 3x2 table (2-df)

Other alternatives: logistic regression, trend test, ... (dealing with genotype as numeric)

This approach generates m ($\approx 10^6$) total hypotheses tests and p values

The multiplicity problem in GWAS

What is a statistically sound choice of a threshold for declaring an association?

- Family wise error rate (FWER): the probability of making even one false discovery out of our m tests

- Controlling FWER: the well known Bonferroni correction, perform each test at level $\alpha = 0.05/m$

- For $m = 10^6$ this gives $\alpha = 5 \times 10^{-8}$

- Leading journals (Nature Genetics) require a p value smaller than 5×10^{-8} to publish GWAS results

- Implicitly require Bonferroni for 10^6 – super conservative!
- Lesson learned in blood, from findings that did not replicate and were eventually deemed false!

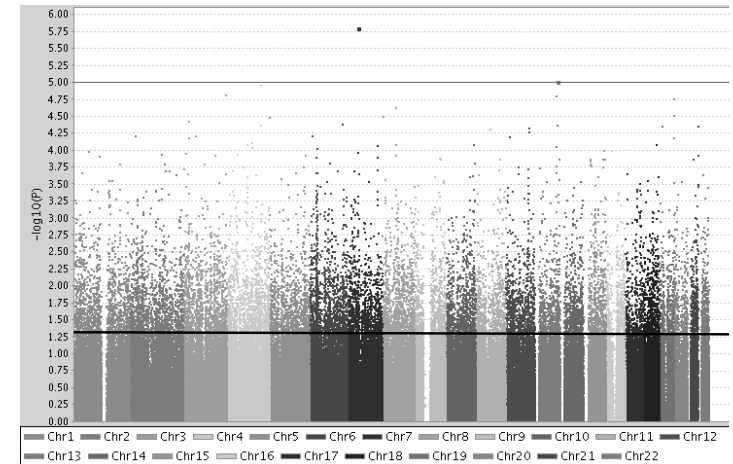
“Manhattan plot” of GWAS results

What happens if we use a p-value threshold of $\alpha=0.05$ (black line) to declare results as significant?

would get about $10^6 \times 0.05 = 50,000$ false discoveries

Conclusion: be very selective in what results we declare as significant. In this plot the threshold is the horizontal line at $\alpha=10^{-5}$

Declaring only one association for chr7



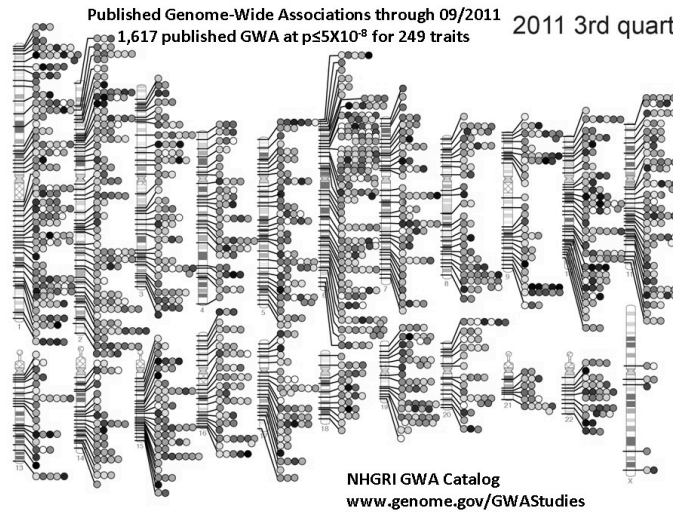
GWAS promise and history

- We know of many highly heritable traits and diseases including
 - Height
 - Heart Disease
 - Many cancers
- The GWAS promise: we will identify the genetic basis for this heritability
- First GWAS in 2005, since then:
 - Thousands of studies, hundreds of thousands of individuals, hundreds of billions of SNPs genotyped, many billions of \$\$\$ invested
- Was the promise fulfilled?

Yes: we found a lot of associations, learned some biology

Lessons learned:

- A few of strongest associations are in coding regions
- Most associations are in regulatory elements
- Some are in gene deserts

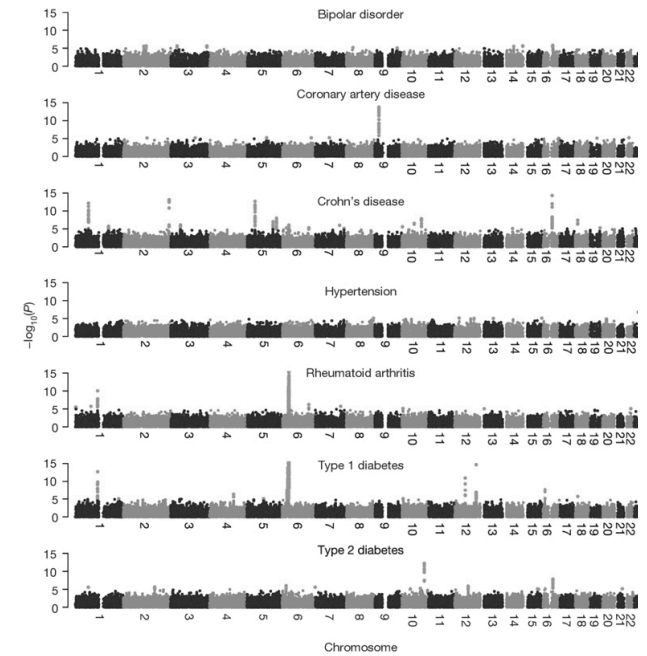


Our GWAS findings do not explain heritability

- Height:
 - From twins and family study, about 80% of height variability is heritable
 - Huge height GWAS (n>40K) found SNPs explaining ~10% of height variability
- Diseases: Schizophrenia, heart disease, cancers,...
 - Heritability: 30%-80%
 - For none of these, GWAS gives more than 5%-10%
- Basically, for all complex traits investigated a major gap remains!

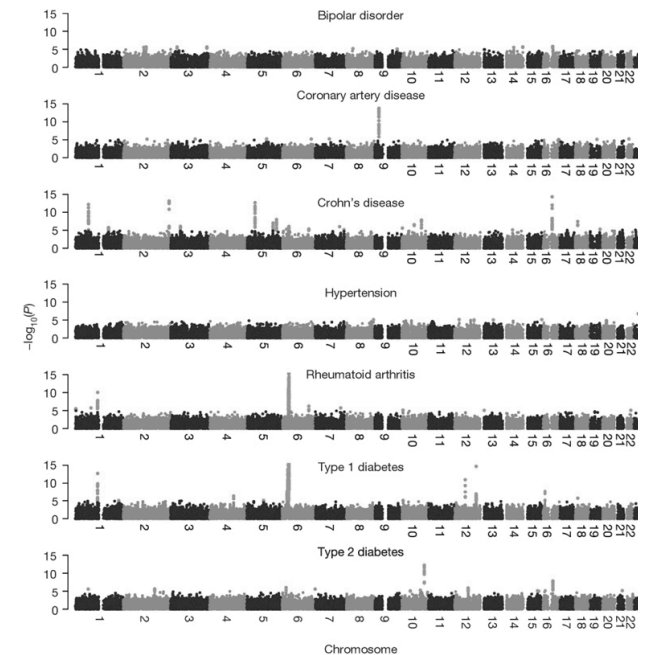
Results of famous MTCCC study of seven diseases on 14,000 cases and 3,000 shared controls (Nature, 2007)

Total found: 13 significant findings at level 5×10^{-8}



Results of famous MTCCC study of seven diseases on 14,000 cases and 3000 shared controls (Nature, 2007)

Total found: 13 significant findings at level 5×10^{-8}
Heritability explained: small for all except T1D



Where is the missing heritability? Theories:

1. Rare variants not covered by GWAS : Every family has its own mutation
 - We know some examples in cancer (BRCA)
2. Complex associations/epistasis: combinations of SNPs
 - Problem: 10^6 SNPs is 10^{12} pairs
3. Lack of power: the effects are weak, we need much more data
 - Or statistical approaches that aggregate more smartly
4. Epigenetic effects: heritability is not in the genome at all

To some extent, all these theories have been tested, some have provided interesting answers (still hotly debated)

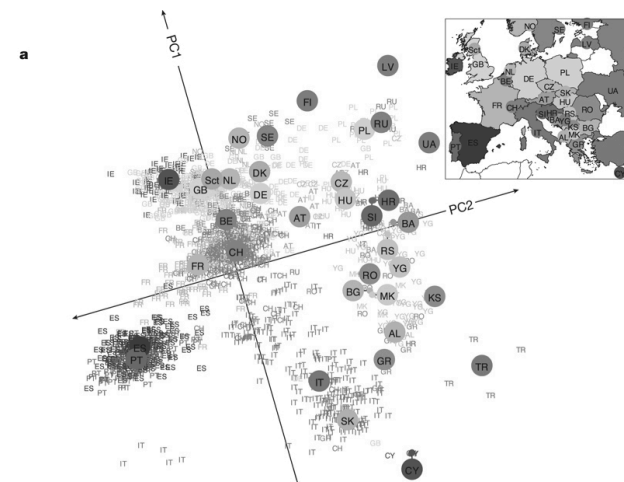
Genetic structure and GWAS

- Many traits have strong population association
 - In the US, diabetes much more common among blacks
 - In Israel, Crohn's disease is much more common among Ashkenazi Jews
- Now, say that we sampled diabetes cases in some hospitals in US + controls in the same hospitals, performed GWAS
 - % of blacks in cases will be higher than in controls (because of high prevalence)
 - What will our GWAS show?
- Every SNP which differs in distribution between Europeans and Africans will be statistically associated with the disease
 - Only because of structure/stratification in our sample!

The importance of genetic structure

- Genetic structure: not everyone in the population is from same genetic background
 - Some people are more genetically similar than others
 - Israel: Ashkenazi Jews, Mizachi Jews, Arabs,...
 - US: Caucasian, Black, Hispanic
- Particularly interesting: admixed populations
 - African/Hispanic Americans: mixture of African, European and Native American ancestry
 - Proportions may vary significantly between "African American" individuals
- Many SNPs in the genome have different distribution between Africans and Europeans
 - Most not due to selection/adaptation but due to random drift

Even homogeneous population has some structure:
Genes mirror geography within Europe



Genetic risk prediction from GWAS

- The vision, the doctor will have a “desktop predictor”
 - Input: patient’s genome
 - Output: risk for one (or many) diseases
- Building prediction models is a very different use of GWAS information
 - Non-genetic risk factors that are correlated with the genome (like diet) are also legitimate for prediction
 - Don’t need to name the SNPs that are responsible for risk (\Rightarrow can use structure)
 - Don’t necessarily need a biologist in the loop
- We have accumulating evidence that we may be able to do much better prediction than our identified significant associations only can offer
 - Advanced methods can take advantage of weaker associations, signal from rare variants, environmental effects, etc.